

# SPEAK UP

Issue 46  
Winter  
2010

Newsletter from Manchester People First

## Our new committee



We held our Annual General Meeting in October and elected our new committee. It was Joseph Rooney's turn to stand down as a director and he has been replaced by Nadim Akram. Joseph will still be involved as he has joined our committee.

Our Directors are: Edward Kane, Louisa Burton and Nadim Akram.  
The co-opted committee is: Joseph Rooney, Brian Mitchell and Shirley Ryder.  
Thanks to everyone who came.



*Become a fan of  
Manchester People First  
on FaceBook*



*The Voice of the Learning Disabled*

## What we do

Manchester People First is run by and for learning disabled adults and is independent of all services.

We give training, support and advice to learning disabled adults and professionals and campaign for disabled peoples rights.

## Contact us

Manchester People First  
3 Broughton Street  
Cheetham Hill  
Manchester  
M8 8RF

Phone or Fax (0161) 839-3700

Email: [mcrpeoplefirst@googlemail.com](mailto:mcrpeoplefirst@googlemail.com)

Website: [www.manpf.org](http://www.manpf.org)

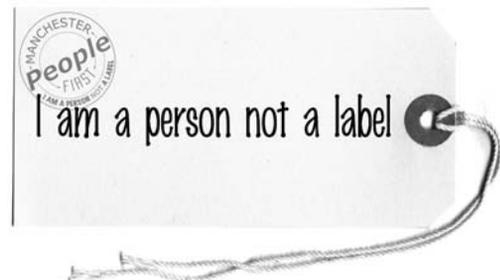
## Our directors

Louisa Burton  
Edward Kane  
Nadim Akram



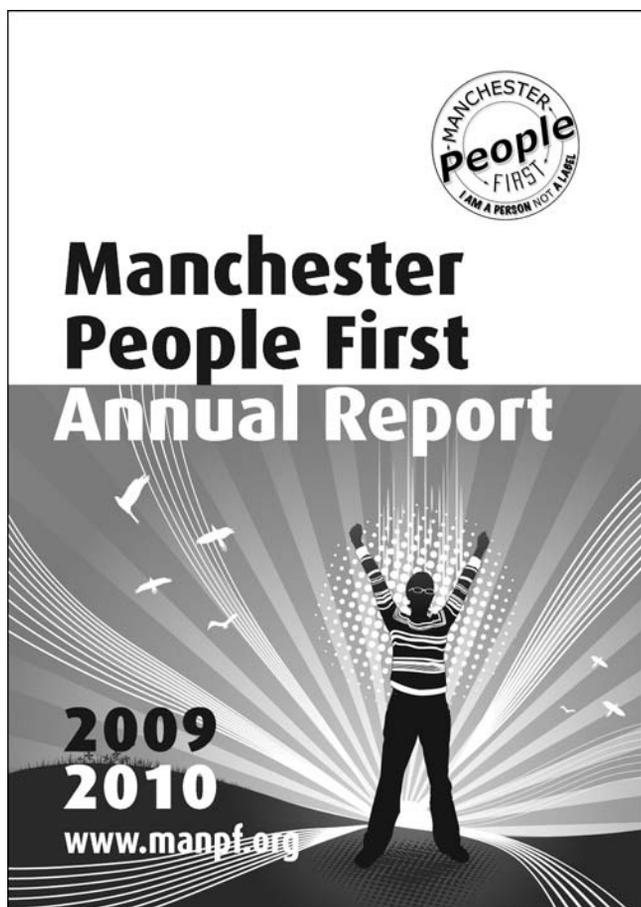
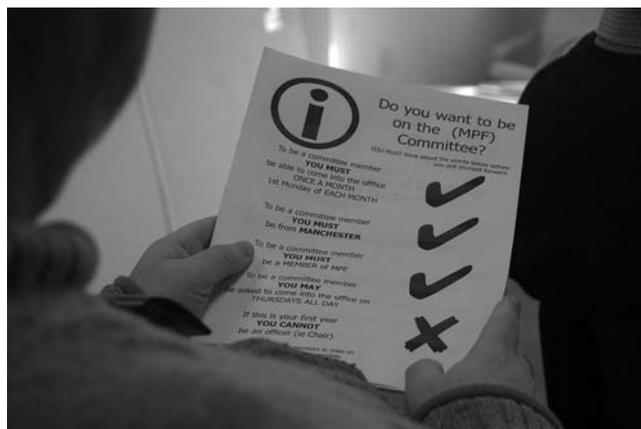
## Staff

Stephen Hughes  
Andy Needle  
David Dunnico  
Derek Owen  
Duncan Holt  
Barry Hills  
Jodie Deegan  
Ged Ratchford  
Stephen Blake  
Louise Crowley  
Rosie Cairns  
Christopher Kenny

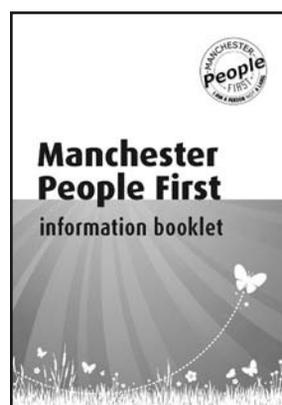


Manchester People First is a company limited by guarantee, registered in England and Wales, number 6339300. We are a registered charity, number 1124426.

## AGM and Annual Report



As well as electing our new Directors and Committee, we also presented our Annual Report to the Annual General Meeting. We will send a copy out to all our members in the New Year. If you want to see one now, you can download it from our web site.



Also downloadable from our website is our new information booklet

Download it now from: [www.manpf.org](http://www.manpf.org)

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# Have you got a story to tell?

Next year Venture Arts will be working with Manchester People First to run the Independent Lives project. The project will tell the story of the lives of local people with a learning disability; some of whom made the move from living in institutions to living in the community. People with a learning disability will be at the centre of the project and included in its design, management and delivery. The project will result in an exhibition, podcasts, a film and a website to tell the story.

Would you like to tell us your story? Would you like to learn how to interview people, record stories and film them? Then get in touch.

We are making applications to fund the project and need to show that the project is wanted by the community. Please support the project by emailing us and saying you think the project must go ahead. Please ask your friends and family to email us, too. The more support we get the better are chances of being funded.

If you'd like to take part, want to support us or want more information, please contact:



Venture Arts  
43 Old Birley Street  
Hulme  
Manchester  
M15 5RF  
[rachel@venturearts.org](mailto:rachel@venturearts.org)

**We are looking forward to hearing from you by 31 November.**

**new staff**

# Hello to Duncan



**OPAL**  
*Older and Positive About Life*



Hello, my name is Duncan Holt. I am 32 years of age and I live in Rochdale, Greater Manchester. In October I started working for OPAL on Wednesday and Manchester People First on Thursday. I have been doing an arts project with MPF and Venture Arts at the Cheetham Hill office.

I support members from OPAL on a Wednesday to do various activities. In my spare time I enjoy going to the gym, walking and occasionally going to the pub for a pint of lager. I enjoy going to clubs and festivals. I am looking forward to working with OPAL and People First members and I am looking forward to learning lots more whilst here. If you see me about the office come and say hello!

## Pool Tournament



Manchester People First held our first ever Pool Tournament in September, at Riley's Snooker Club in Chorlton. 12 people took part. Everyone played each other at least once in a round robin format. With one frame played, the overall scores were added up and four semi-finalists were found. **In a tough three frame final, Nicky Martin eventually beat Stephen Blake to win the trophy.**



**We're so packed with news, we've got no room for the Fun Filled Bit in the Middle – back next issue**

# Manchester People First



**Our mission is for all learning disabled people in Manchester to have control over their lives, make their own choices and be confident self-advocates. We will work with other groups to help us reach our goal. We will be brave and strong in how we support people. We will be positive and move forward together.**

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MAY 2011      JUNE 2011      JULY 2011      AUGUST 2011

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**DECEMBER 2011**

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**Company Limited by guarantee Number: 6339300 Registered Charity Number: 1124426**

# HATE IS A CRIME

We are working with other groups to stop disability hate crime.

What is a hate crime?

- being hit or hurt
- being spat at
- having things stolen from you
- being called names (because you have a Learning Disability)

If this has happened to you we can help:

You can call the NEW helpline: 0161 882 2213

Manchester People First are a third party reporting centre.

If you do not want to report a crime to the police, you can come to one of our offices and report it.

In an emergency ring 999

To report a crime ring Greater Manchester Police: 0161 872-5050



MANCHESTER  
CITY COUNCIL



CPS

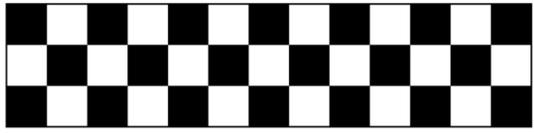


VOICE UK

promoting justice and wellbeing for vulnerable victims



# TELL SOMEONE



# Stay Safe: Carry an E-Card

Greater Manchester Police have launched a new 'E-card', which can help people with a learning disability get the support they need in an emergency. It is easy to carry around in a wallet, purse or with a bus pass and gives all the 'need-to-know' information:

- Name
- Who to contact in an emergency
- Medical information
- Space for other information
- Photo

This may help people who might find it hard to give this information in an emergency, or if they were incapacitated, because they had had a seizure, or been in an accident. The police talked to groups such as the National Autistic Society about what information to include and have had 25,000 cards printed.



**The E Card** Not Proof of Identity  
(The Emergency Information Card)

My name is .....

My contact person .....

Relationship to contact person .....

Contact number .....

If this card is found,  
please hand it to the  
nearest police station

**GREATER MANCHESTER POLICE**

Medical information .....

.....

.....

Other useful information .....

.....

.....

Place photo here  
(optional)

If you were sent this newsletter in the post, there should be a card and leaflet with it. Manchester People First thinks it is a good idea and wants you to think about filling one in and carrying it with you. If you need another one, or more information, contact Greater Manchester Police on 0161 856-2206 or email: [diversity@gmp.police.uk](mailto:diversity@gmp.police.uk)



# Young Peoples' Parliament Grand opening



## Westminster MPs give warm welcome

The Young Peoples' Parliament, held our grand opening day at Manchester Town Hall on 23 September.

Westminster MPs Paul Goggins and Tony Lloyd MPs were joined by Mark Hackett, the Lord Mayor of Manchester and several councillors, who meet the representatives of the Young Peoples' Parliament and talked with them about their future role.

Paul, Tony and Mark gave speeches and Dennis Daley, the representative from Piper Hill School said he "wanted the parliament to be a voice to young people within the city of Manchester".

Afterwards everyone enjoyed a buffet lunch.



The Young People's Parliament now has it's own blog. Anyone can go on the internet and see what we have been doing. We will try to update the blog every month. If you have email, you can sign up to be updated when we make a new post. You can comment on what you see and we want to hear from you if you would like to write ant article or start a discussion:

**<http://youngpersonsparliament.wordpress.com>**

# PACE Course



The PACE course came to an end in July and the Lord Mayor came to give the certificates to the people who had attended.

The course ran for 12 weeks and people worked on health and safety, citizenship, personal hygiene and how committees work, the group also organised an information day, which was held at the end of May, and about 50 people attended.

People from Landridge House and Northfields attended as well as people from OPAL and Manchester People First.

They were given home work, which they did and brought it back the following week.

The members of the group worked hard and got lots out of the course, they took responsibility for doing tasks and keeping their fellow course members informed of what they were doing. In August we had our presentation and a buffet for the group members and their families who attended.

Thanks to all who attended and to Mike and Julie who ran the course.

The Co-op and MPF present



# Christmas Party

**Thursday**

**9 December 2010**

**12 to 4pm**

Drop off space outside venue for taxis, Ring and Ride etc.  
NCP pay carpark opposite venue.  
VERY limited parking at venue  
– you MUST book to use this.

**Lancaster Suite  
New Century House  
Corporation Street  
Manchester M60 4ES**

**Free Lunch**

**Disco and Karaoke**

**Raffle** Let us know if you are coming  
0161 839-3700

